



Energy Healing

Excerpt from L.A. Times 2004

Energy healing is one of the most profound and fundamental therapies in the field of alternative medicine.

Hospitals throughout the country are using energy healers in integrative medical centers as a complement to Western medicine. Many doctors and nurses are getting trained, and the National Institute of Health is funding clinical trials and academic centers to study energy medicine in cancer and cardiac patients. Because bodies are made up of subatomic particles in constant motion, many physical ailments manifest first in the energy body.

Stress and painful emotions for instance, can cause energy to get stuck or depleted; inhibiting the body's natural healing processes.

Energy healing work promotes the innate ability to heal oneself at the very essence of our makeup, a huge symphony of frequencies and vibrations. Researchers are starting to take these concepts seriously, translating them into scientific terms by measuring the body's bioelectromagnetic fields and the effects of healing energy on plants, animals and people.

To detect these fields and subtle changes, researchers are turning to high-tech instruments, some that are normally used to detect distant galaxies. – L.A. Times 2004